# Supported Education (SMS)

## Application for admission to SMS

Supported Education (SMS) is a collaboration between NAV, the University of Agder and the vocational rehabilitation enterprise A3Ressurs. SMS is intended for students with moderate to serious psychological disorders who are already enrolled in a study programme, students who resume their studies or students who are beginning their studies at UiA. In addition to fulfilling ordinary competence requirements, students must have an external counsellor (psychologist, psychiatric nurse or similar). Documentation from the external counsellor must be submitted with the application.

The purpose of SMS is to address the various challenges faced by students with psychological disorders on their way to completing higher education. We wish to focus on the student role rather than the psychological disorder and to be concerned with developing and strengthening the participants’ student- related skills.

**Information about you:**

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Telephone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-mail:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

External counsellor:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_tlf\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Financial support:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

NAV contact person (if you have one):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Study progression and plans**

Which programmes/courses have you completed? Which programme are you enrolled in now? What are your plans for future programmes/courses?

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**Communication/Cooperation/Consent**

The people who work in SMS are bound by a duty of silence, but sometimes there are situations when we may need to contact for instance an external counsellor. Those who participate in SMS must therefore sign a declaration of consent.

**Expectations/need for support**

SMS may provide various kinds of support. Examples include:

* Assistance in structuring your study work or your everyday life as student
* Developing and strengthening study skills necessary for the individual student to reach their education goals
* Individual counselling
* Assist you in your cooperation with the university and the support functions